

Kids' schedule

MORNING

8



WAKE UP. Breakfast.
Get dressed.

9



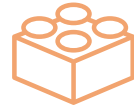
OUTSIDE: walk, chalk,
bikes, exercise if rain

10



ACADEMIC: study,
workbook, flashcards

11



CREATIVE: crafts,
draw, Play-doh, Lego

AFTERNOON

12



LUNCH.
Clean up/chores.

1



QUIET TIME: nap, read,
alone play time

2



ELECTRONIC TIME:
games or show

3



SNACK.
More creative time.

EVENING

4



OUTSIDE: walk, chalk,
exercise, bikes

5/6



DINNER: Dinner prep
and free time

7



Shower, get PJs on,
TV time

8



Bedtime.
Read for older kids.